

VALLEY MEDICAL GROUP HEALTH AND WELLNESS FAIR SEPTEMBER 23, 2023

The Valley Medical Group Health and Wellness Fair at our Easthampton and Greenfield Health Centers are FREE and open to the entire community September 23, 2023 starting at 10am. This event is an opportunity to get involved with activities, demonstrations, and screenings provided by members of the Valley Medical Group staff and providers and community partners to promote awareness of healthy lifestyle habits and disease prevention.

TWO LOCATIONS

Easthampton Health Center	238 Northampton Street, Easthampton
Greenfield Health Center	329 Conway Street, Greenfield

Learn More About These Topics:

Nutrition
Smoking Cessation
Blood Pressure
And more!!!

Physical Therapy
Mental Health
Cancer Prevention

Fun Activities

There will be fun activities for children including:

Craft Station
Raffles
Book giveaway
Stuffie Check Up Station - bring your favorite stuffie

Lawn Games
Face painting (EHC)

Community Partners at the Easthampton Health and Wellness Fair

Easthampton Fire Department
Easthampton Police Department
Easthampton Community Center
Easthampton Council on Aging
Hampshire Regional YMCA
Highland Valley Elder Services
Housing Authority
Careforth
Genoa Pharmacy
Treehouse Orthodontics
Commonwealth Care Alliance (CCA)
Crazy Arepas Food Truck

Community Partners Greenfield Health and Wellness Fair

Genoa Pharmacy

Greenfield Fire Department

Greenfield Police Department

Greenfield Kiwanis Club

Life Path

Pioneer Valley Hospice and Palliative Care

Housing Authority

Treehouse Orthodontics

Atlas Mobile Farm Market

Just Roots Farm

Bart's Ice Cream

Interested in a Career at Valley Medical Group

We are thrilled members of our Human Resources Team will be attending the Health Fair at both centers to share exciting opportunities to work at Valley Medical Group.