



HEALTH ANSWERS

## Preventive vs. Office visit



Dear VMG Patient,

Like any medical practice, **Valley Medical Group bills for all the services we provide.**

Yearly wellness visits are an important way to stay current on preventive services. At your yearly wellness visit, you will talk with your provider about your lifestyle, risk for diseases, how to check for illnesses before you feel sick, and ways to be healthier.

At your wellness visit we may also address a new concern or the management of your ongoing medical conditions like high blood pressure, diabetes, or depression. We know you are busy, and so we will do our best to care for your preventative care and disease management needs when you are in our office. If you do not want to combine your wellness visit with the management of your medical conditions you may ask to schedule a second appointment.

**If non-wellness concerns are addressed at your yearly wellness visit, there will also be a bill from VMG for an Office Visit. You may be charged a co-pay or be responsible for meeting a deductible for these services.**

Screening for medical conditions and counseling to reduce your risk of illness is an important part of your preventative care. Some insurance companies will require a copay for these services.

Sincerely,

Meghan Gump, MD  
Medical Director

Paul Carlan, MD  
President