



*Prevention & Medical Care
To Help You Live Better, Longer.*

Explanation of Counseling (G Codes)

Sometimes a provider will do more screening/counseling on a certain topic. Here are some examples:

Obesity Counseling 99447:

This involves screening for and counseling patients with a BMI > 30. It involves discussing a patient's diet, and exploring behavioral modifications that might help a patient reach a healthy weight.

Cardiovascular Counseling 99446:

This involves screening a patient for cardiovascular risks with cholesterol and blood pressure measurements. Discussing a patient's 10-year cardiovascular risk. Exploring the pros and cons of medications including aspirin for risk modification. Discussing lifestyle changes that will help reduce cardiovascular risk.

Depression Screening/Counseling G0444

This involves completing a screening tool for depression. Your provider will then review and discuss the results with you.

Alcohol Use Screening and Counseling G0442/3

This involves screening for alcohol use. The provider will review the results, discuss, and counsel based on the screening tool results.

Tobacco Cessation Counseling 99406

This involves a provider engaging in a discussion about stopping or cutting back on smoking in order to reduce risk of stroke, heart problems and lung problems.