

WOMEN AND INFANTS CHILDREN NUTRITION PROGRAMS (WIC)

The Women and Infants Children Nutrition Program (often referred to as WIC) goal is to help keep pregnant and breastfeeding women and kids under 5 healthy! But, WIC is for all kinds of families: married and single parents, working or not working. If you are a father, mother, grandparent, foster parent or other legal guardian of a child under 5, you can apply for WIC for your child.

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| APPLY ONLINE | <p>https://www.mass.gov/orgs/women-infants-children-nutrition-program</p> <p>Many resources provided on the WIC website.</p> |
| PHONE CALL | <p>(800) 942-1007</p> <p>Monday through Friday 9 a.m.–5 p.m. If you hear a recording, please leave a message with your name and telephone number. You can also call your Local WIC Office directly. All local programs are answering phones and/or returning messages.</p> |
| LOCAL OFFICES | <p>Amherst WIC 1200 North Pleasant Street Amherst MA 413-548-1285</p> <p>Franklin/Hampshire/North Quabbin WIC 3 Osgood Street Greenfield MA 413-376-1160</p> <p>Gardener WIC 55 Lake Avenue Gardner, MA 978-630-3344</p> <p>Holyhoke/Chicopee WIC 300 High Street Holyhoke MA 413-534-2460</p> <p>Other locations listed on WIC website</p> |