

## Information on Dense Breasts

### Dense Breasts: Answers to Commonly Asked Questions Including

What are dense breasts?

Are dense breasts common?

What factors influence breast density?

How do I know if I have dense breasts?

How is breast density categorized in a mammogram report?

Does having dense breast tissue affect a mammogram?

Are dense breasts a risk factor for breast cancer?

Should women with dense breasts have additional screening for breast cancer?

Are breast cancer patients with dense breasts more likely to die from breast cancer?

Questions to consider asking your doctor or nurse

Are there clinical trials for women with dense breasts?

<https://www.cancer.gov/types/breast/breast-changes/dense-breasts>



### [Dense Breasts: Answers to Commonly Asked Questions](https://www.cancer.gov/types/breast/breast-changes/dense-breasts)

Dense breast tissue has more glandular and fibrous tissue, and less fatty breast tissue.

Dense breasts are a common mammogram finding. Breast density increases a woman's risk of breast cancer.

[www.cancer.gov](https://www.cancer.gov)