

Fecal Occult Blood Test Kit Instructions IFOBT)

Prior to Collection: Please verify expiration date of kit prior to completing collection. If the test kit is expired, please contact the Valley Medical Group Outreach Department at 413-775-4623 to request a new kit.

- Do not collect specimen if bleeding is present from hemorrhoids, constipation, urination or menstruation
- Urinate prior to positioning collection paper
- Do not allow specimen to come in contact with toilet water

Collection:

1. Remove tape cover from each end of collection paper
2. Tape paper on back half of toilet seat (refer to enclosed instruction sheet). Allow paper to sag
3. Deposit stool on paper
4. Do not allow stool to come in contact with the toilet water
5. Leave stool specimen on collection paper
6. Unscrew the sample tube
 - With DARK BLUE cap pierce the specimen in at least 5 different sites
 - Stool specimen will collect inside the grooves (refer to enclosed instructions)
 - Insert sampler back into the collection tube, tighten firmly
 - Shake well
 - Flush remaining specimen and collection paper
7. Write your name, date of birth, and date and time of collection on the outside of the white collection box.
 - Fill Out and Place Specimen Label (Included in white box) on outside of Biohazard Bag
 - Insert sample tube into absorbent sleeve
 - Insert absorbent sleeve into specimen pouch and seal
8. If more than one kit has been ordered by your provider, please perform each collection kit on different days
9. Test kit with specimen must be mailed to the health center address or dropped off at any of the four drawing stations within 5 days of collection.

PLEASE CALL OUTREACH AT (413)-775-4623 WITH ANY QUESTIONS REGARDING COLLECTION

Amherst Health Center	31 Hall Drive, Amherst, MA 01002	(413) 256-8561
Easthampton Health Center	238 Northampton St Easthampton, MA 01027	413-529-9300
Greenfield Health Center	329 Conway Street, Greenfield, MA 01301	413-774-6301
Northampton Health Center	70 Main Street, Florence MA 01062	413-586-8400