

# MGB GASTROENTEROLOGY

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## 2 DAY COLONOSCOPY PREPARATION - GOLYTELY/BISACODYL AND SPLIT DOSE

### PLEASE FOLLOW ALL INSTRUCTIONS:

**FIVE DAYS before the test:** Avoid raw fruits, raw vegetables, raw or cooked corn, salads, red Jell-O, beets, granola, nuts, and seeds.

**\*At least two days before test:** Obtain the following from your pharmacy:

- Four (4) bisacodyl 5 mg tablets, available **over the counter**
- NuLytely/GoLytely/Colyte/PEG-3350, available by **prescription**

**\*\*BLOOD THINNER INSTRUCTIONS:**

**\*\*DIABETIC INSTRUCTIONS:**

**TWO DAYS before the test:** **CLEAR LIQUIDS ONLY!** Water, seltzer water, tea or coffee (WITHOUT MILK/SOY/DAIRY PRODUCTS), Gatorade, popsicles, Jell-O, **DRINK AT LEAST 64 OZ OF CLEAR LIQUIDS – OR MORE – throughout the day.**

**\*\*PLEASE AVOID red and purple liquids, dairy and soy products, and juices with pulp or sediment. \*\***

**ONE DAY before:** Clear liquids only throughout the day, such as: water, seltzer, tea or coffee (without milk or non-dairy creamer), Gatorade, soda, broth, clear/non-citrus fruit juices, popsicles, and Jell-O. **Drink at least 64 ounces of clear liquids.**

→ **At Noon 12pm,** take **all four** bisacodyl tablets with at least 8 ounces of clear liquid. Continue drinking clear liquids all day.

→ **At 4 p.m.,** begin drinking 2 liters of NuLytely/GoLytely, by drinking 8 ounces every 10 to 15 minutes. It will take you 90 minutes to 2 hours to drink the two liters. **\*You will have two liters left over for the morning dose.\***

**\*\*Please avoid all gum or hard candy after midnight (12:00am) until after your exam.\*\***

**\*\*ALL PIERCINGS, JEWELRY AND CONTACT LENSES MUST BE REMOVED PRIOR TO PROCEDURE\*\***

### **THE MORNING of the test:**

→ **Prior to procedure time:** **Drink the remaining two liters of GoLytely (at \_\_\_\_\_)**

It will take you 90 minutes to 2 hours to drink the two liters.

Stop all liquids, and be done with drinking the preparation 4 hours prior to the procedure time (**nothing after \_\_\_\_\_**)

**PLEASE NOTE:** In order for this procedure to be performed, **YOU MUST have a ride home.** You will not be discharged from the Endoscopy Unit unless you are accompanied by a responsible adult who will either drive you home or accompany you home by taxi or bus.

REPORT TO: \_\_\_\_\_ Cooley Dickinson Hospital, 30 Locust Street, Northampton, North Entrance

**\*You will be receiving a blocked call from Assessment at CDH, please answer when called\***

\_\_\_\_\_ Valley Medical Group, 31 Hall Drive, Amherst (Ambulatory Surgical Center Main Floor)

\_\_\_\_\_ Pioneer Valley Surgicenter 3550 Main Street, Springfield, Suite 103

**\*Do not take any Advil or Aleve the morning of the procedure**

**DAY:** \_\_\_\_\_

**DATE:** \_\_\_\_\_

**ARRIVAL TIME:** \_\_\_\_\_