

Elder and Dementia Care Resources

Local Community Resources

Adult Day Care

- PACE Program thru Trinity Health Care W Springfield
<https://www.trinityhealthpace.org/massachusetts/mercy-life-ma/> 413-748-7223
- BakuCare Hadley <https://bakucare.com/> 413-584-0300
- The Clubhouse on Elm, Hatfield 413-923-2929

Books

- The Caregiver's Guide to Dementia: Practical advice by Gail Weatherill
- Eldercare for Dummies by Rachelle Zukerman
- Learning to Speak Alzheimer's by Joanne Koening Coste

Counseling Services

- Baystate Medical Center- Memory Disorder Program 413-794-5555
- Cognitive Behavior Therapy (CBT) for early stage dementia (focus is on the "here & now" looking for ways to improve current situation)
- Cooley Dickinson Hospital <https://www.cooleydickinson.org/events/dementia-caregiving/> 413-582-2000
- Alzheimer's Family Center 714-593-9630
- Southampton Council on Aging Southampton 413-529-2105 Memory Café Outreach Program
- Private mental health services
 - Older Stronger Wiser Counseling Services 60 Maple St, Florence
 - Jonathan Stein 71 King Street, Northampton
 - Alzheimer's Music Project 413-695-1735

Equipment Suppliers

- Sheriffs Dept, Hampshire County 413-582-7787
- Helping Hands, Easthampton 413-527-0510
- TRIAD, Greenfield 413-774-4726

Respite

- Most nursing homes: Based on bed availability. Call the admissions department. Private pay.

Senior Living Memory Units

- Rockridge, Northampton <https://rockridgema.org/> 413-586-2902
- Center for Extended Care, Amherst (413) 256-8185
- Armbrook Village, Westfield <https://www.seniorlivingresidences.com/communities/westfield-armbrook-village/> 413-568-0000
- East Long Meadow Memory Care, E Longmeadow <https://elmmemorycareassistedliving.org/> 413-525-6362
- Heritage Hall Memory Support, Agawam <https://www.genesisihcc.com/memorysupportheritagehall> 413-333-2200
- The Arbors, Amherst, Greenfield, Chicopee <https://arborsassistedliving.com/memory-care/>

- Quaboag Rehabilitation and Skilled Care Center, West Brookfield <https://quaboagonthecommon.com/> 508-867-7716
- Elaine Center, Hadley <https://www.genesishcc.com/hadley> 413-584-5057
- Linda Manor, Leeds <https://lindamanor.org/> 413-586-7700
- Charlene Manor, Greenfield <https://charlenemanor.org/> 413-774-3724
- East Longmeadow Skilled Nursing Center, E Longmeadow <https://eastlongmeadownursing.org/> 413-525-6361
- West Springfield Bear Mountain, W Springfield <https://www.bearmountainhc.com/bear-mountain-at-west-springfield/> 413-733-3151

Other Supports

- Care giver support at Armbrook Village (hub of Alzheimer's WMass chapter) 413-216-6950
- Pioneer Valley Memory Care Initiative (PVMCI) <https://www.cooleydickinson.org/programs-services/geriatrics/pioneer-valley-memory-care-initiative/> 413-582-2357 Serves older adults with dementia and their caregivers who reside in Easthampton, Northampton, Florence, and Leeds.
- Highland Valley Elder Services (HVES), Northampton 413-585-2000 Provides Meals on Wheels (MOW), screening for Mass Health & Frail elder program, PCA program
- Oasis Senior Advisors Western Mass 413-351-6577 Referral service for options counseling
- LifePath, Greenfield <https://lifepathma.org/> 413-773-5555 Options counseling and support groups
- Baystate Health Rehabilitation Services 413-794-5600 Conducts driving evaluations, needs provider referral

National Resources

Alzheimer's Association 24/7 Helpline

1-800-272-3900

Education, care consultation and referrals

Alzheimer's Association Community Resource Finder

<http://www.communityresourcefinder.org/>

Geographically organized resources

Eldercare Locator

www.eldercare.gov or call 1-800-677-1116

Assists in finding local resources for older adults

National Association of Area Agencies on Aging

<http://www.n4a.org/>

Assists in finding local resources for aging in the community

Care Management

Aging Life Care Association Geriatric Care Managers

https://www.aginglifecare.org/ALCA/About_Aging_Life_Care/Find_an_Aging_Life_Care_Expert/ALCA/About_Aging_Life_Care/Search/Find_an_Expert.aspx?hkey=78a6cb03-e912-4993-9b68-df1573e9d8af

Care Manager who can assess needs

Next Steps in Care Medication Management for family caregivers

http://www.nextstepincare.org/uploads/File/Guides/Medication/Medication_Management_Guide/Medication_Management.pdf