

## New Massachusetts Department of Public Health Program Naloxone Available for Free by Mail

Naloxone kits are now available at no cost to residents of Massachusetts by mail. This resource is funded by the Massachusetts Department of Public Health and operated through You Can.

Massachusetts residents can access the website: <https://store.youcan.info/>  
Follow the instructions to watch a quick instructional video on overdose response and naloxone administration, and receive a free kit of Narcan shipped to their home.

No personal information is required other than an address for shipping purposes.

The comprehensive kit is designed to provide resources to prevent and respond to overdoses. The kit includes:

- **Narcan® Nasal Spray:** Also known as Naloxone, this nasal spray is designed to reverse opioid overdoses quickly and easily. Contains two single-use doses.
- **Fentanyl Test Strips:** These small, single use strips of paper can be used to detect the presence of fentanyl in different kinds of drugs. Included is also a bilingual (English/Spanish) wallet card with simple instructions on how to use the test strips.
- **Rescue Breathing Mask:** This highly efficient and user-friendly mask helps safeguard both the victim and rescuer during mouth-to-mouth resuscitation. It can be used to just give rescue breaths as well as in conjunction with cardiopulmonary resuscitation (CPR). Instructional inserts in English and Spanish are included.
- **You Can Respond to an Overdose with Narcan® Wallet Card:** A bilingual (English/Spanish) card that outlines simple steps to detect and stop an overdose using Narcan®.
- **SafeSpot Helpline Wallet Card:** A card with information about SafeSpot (formerly known as the Massachusetts Overdose Prevention Helpline), a confidential, free, and 24/7 hotline for people using drugs alone. Reach help by calling 1-800-972-0590 or email [info@massoverdosehelpline.org](mailto:info@massoverdosehelpline.org). The hotline is operated by people with lived and living experience with overdose.
- **MA Substance Use Helpline Wallet Card:** A double-sided card in both English and Spanish, encouraging those with substance use concerns to reach out to the [Massachusetts Substance Use Helpline](#).