

Why should you get a mammogram?

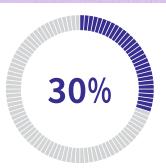
Early detection of breast cancer saves lives!

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Leading cause of cancer in the U.S. ¹



5-year survival rate if found early ²



5-year survival rate if found late ²

The United States
Preventive Services Task
Force recommends
patients of average risk
start screening at

40Years Old

Patients with a family
history of breast cancer or
personal risk factors
should start screening
earlier

Older age

Poor nutrition

Smoking

Alcohol consumption

Early menstruation

Late menopause

Risk Factors³

85% of patients
with breast cancer
DO NOT have a family history!

Dense breast tissue

Lack of exercise

Genetics

Family history

Obesity

History of radiation

References:

- 1. National Cancer Institute SEER Program: https://seer.cancer.gov/statfacts/html/common)
- 2. National Breast Cancer Foundation: Breast Cancer Facts & Stats (https://www.nationalbreastcancer.org/breast-cancer-facts)
- 3. National Breast Cancer Foundation: https://www.nationalbreastcancer.org/breast-cancer-risk-factors/



