



*Prevention & Medical Care  
To Help You Live Better, Longer.*

Dear VMG Patient,

Medicare is now offering Advanced Primary Care Management (APCM). This is a new program to pay, primary care practices like VMG, for the essential between-visit care we provide. This is not a health insurance plan and it does not affect what services you get or where you get them. This Medicare Program allows practices like VMG, which provide advanced care and services, to be reimbursed for the non-face-to-face work we provide on behalf of our patients.

What kind of services does APCM support?

- 24/7 advice when you need help the most
- Care management support for your complex health conditions
- Real time access to information through our portal and electronic messaging
- Use of virtual check-ins on how you are doing
- Online scheduling to make getting care easier
- Help after you leave the hospital or emergency room
- Urgent care visits 7 day a week
- Personalized care plans in plain language

How do these services help you?

Joanne is a 68-year-old who was hospitalized when she could not breathe. She got better in the hospital but found out she had congestive heart failure. When she went home, she had 6 new pills and so many questions! How would she pay for the new meds? Could she go back to work? Care for her mother?

Fortunately, Lisa, a Care Manager at VMG, who keeps an eye on APCM patients, called her when she got home. Lisa discovered Joanne did not have one of her new pills. She had Dr. Smith at VMG send a prescription right away. Lisa helped Joanne get an appointment with Dr. Smith in a few days. She helped Joanne to apply for help with her medication costs. She spent extra time explaining that Joanne should avoid too much salt and to weigh herself to make sure her fluid did not come back. Lisa gave Joanne her number to call if she needed help. She checked in with her for a few weeks after her visit with Dr. Smith.

What does all this great care cost?

For VMG, this great care is costly. Prior to APCM services, we have been unable to bill Medicare. But now with APCM, Medicare will reimburse us. Your cost for APCM services will vary, depending upon your supplemental insurance plan and if you have met your Medicare deductible. On average, most patients with non-Medicaid supplemental plans can expect to pay between \$3-\$10 a month once your Medicare deductible has been met. This is billed to Medicare on a monthly basis and you may receive a bill every month. If you have specific questions about your insurance coverage, we suggest you contact your Medicare supplement plan to determine what your cost will be. Please refer to the following billing codes when you call: G0556 and G0557.

When you sign up to receive APCM services, great care starts right away. It's easy to sign up by:

- Clicking a link in a text message you receive from VMG
- Signing up at your next visit
- Telling your provider or a member of our team that you'd like to enroll in APCM.
- You can opt out of these services at any time and will still receive the great care you expect from VMG

As an independent medical group, we need your help to maintain the high-quality teams and services you rely on to stay healthy. Please consider enrolling with VMG to continue to receive APCM services. Your support is crucial in allowing VMG to continue to have these services remain available for our patients.

For more information about this program please check out our website: Patient information/APCM or this video: <https://youtu.be/7IPZe99OKZw>

Paul Carlan, M.D.  
President