

MGB GASTROENTEROLOGY
10 MAIN STREET, FLORENCE, MA 01062 (413) 586-8910
FAX (855)583-3395

DAVID A. BERKMAN, MD
JOSEPH P. TASSONI, MD
DAVID R. KALMAN, MD
MICHAL GANZ, MD
VIKRAM BUDHRAJA, MD

LAURIE NAUGHTON, PA-C
AMY KRAVITZ, PA-C
RACHEL CLAY, NP
JANET WILLEMMAIN, APRN

IMPORTANT: INSTRUCTIONS REGARDING MEDICATIONS

Please continue all of your medications per routine (with exceptions listed below). If you need to, you may take them with small sips of water the morning of the procedure. See below for special instructions regarding pain medications, blood-thinning medications and diabetic medications.

You may continue your aspirin during and after your procedure. You should not stop aspirin if your doctor has prescribed it.

We recommend that you hold all iron supplements and vitamins with iron for 5 days before the procedure as this will cause difficulty with preparation.

We recommend that you do not take medicines such as Advil, Aleve, Ibuprofen, Motrin, Indomethacin, Naproxen, etc. in the NSAID category of medicine, on the DAY of the procedure. Tylenol and aspirin are fine if you need it. Please call our office if there are any questions regarding specific pain medicines. You may be given instructions about these medicines by your doctor after the exam as well.

If you are on any other blood thinning medicines, it is very important that you receive special instructions from our office or your cardiologists or primary care office. We will usually coordinate with your doctors to create a safe plan for you. We list some of the common blood thinning medications below. Please inform us if you are on any of these medicines (or any other medicines to thin the blood, block platelets, protect a stent or blood vessel in your body) and have not yet received special instruction. You should not stop these medications on your own.

Lovenox	Enoxaperin	Plavix	Clopidogrel	Fonduparinux
Effient	Prasugrel	Coumadin	Warfarin	Arixtra
Ticagrelor	Brilinta	Xarelto	Rivaroxaban	Desirudin
Pradaxa	Dabigatran	Apixaban	Eliquis	Iprivask

If you are a diabetic on medications, please make sure you have reviewed instructions regarding these medications with our scheduling staff or nurses. We recommend that you hold your dose of an oral (pill) diabetic medication such as Metformin, Glucophage, Glucatorl or Glipizide on the day of the procedure. If you take Byetta, please hold this medicine also the evening before and the day of the procedure. If you take a long acting insulin such as Levemir or Lantus, take ½ your regular schedule dose the evening before the procedure. (If taking Tresiba which is also a long acting insulin, your regular dose should be cut in ½ starting 3 days prior to procedure.) Do not take insulin the morning of your procedure; instead, bring short-acting insulin to your procedure and alert nurses that you should have your blood sugar checked. Please monitor your sugar during your preparation and the morning of the test.