

Elements of a Medicare Wellness Visit

Schedule

- preventative health screenings

Review

- history: family, surgical, substance abuse and tobacco use

Review

- medications and supplements, nutrition, physical activity

Update

- health care team and advance care planning

Screen

- for memory changes and depression
- blood pressure, weight, height

Assess

- hearing, activities of daily living, fall risk, home safety

Discuss

- personal health goals and future health plans

Welcome to Medicare also includes:

- ▶▶ A one-time screening electrocardiogram
- ▶▶ Vision screening

What is not included:

- ▶▶ A physical exam
- ▶▶ Addressing new health concerns

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