



*Prevention & Medical Care  
To Help You Live Better, Longer.*

**Amherst Medical Center**  
**31 Hall Drive, Amherst, MA 01002**  
**Main Number: (413) 256-8561**  
**Ambulatory Surgery & Procedures Center**  
**(413) 256-4453**

## **UPPER ENDOSCOPY (EGD, GASTROSCOPY) INSTRUCTIONS**

You have been scheduled for an Upper Endoscopy with Dr. \_\_\_\_\_

Date: \_\_\_\_\_ **ARRIVAL TIME:** \_\_\_\_\_

Location: Amherst Medical Center  
Ambulatory Surgery and Procedures Center

Call 413-256-4453 upon arrival to building. After checking in via phone, a nurse will meet you at the front door to take your temperature and escort you to the Endoscopy Unit.

- ❖ You will receive intravenous sedation during the procedure which requires monitoring of your blood pressure, heart rate and oxygen level. The sedation will impair your driving ability. You must arrange to be driven home after the procedure escorted by a responsible adult. Additionally, we cannot allow you to take public transportation, uber, taxi or Medical transportation such as PT-1 transportation home unless you are escorted by a responsible adult. The exam **WILL NOT BE PERFORMED** if you are planning to walk or to drive yourself home.
- ❖ **If you experience a COVID 19 infection or have a positive COVID 19 test in the month before your procedure date, please contact our office to review if the procedure will need to be postponed.**
- ❖ Your stay with us will last approximately 1.5 hours. Your ride will need to stay in close proximity (within 10-15 minutes travel time), and may stay onsite, inside or outside the building. Your ride will be called when you are ready to discharge.
- ❖ Please leave jewelry and contact lenses at home.
- ❖ All piercings must be removed from your body.
- ❖ You will need to limit your activities on the day of the procedure. You will be asked not to drive or operate machinery for 24 hours. You can plan to return to work the following day.
- ❖ If you have questions regarding this information please contact the Ambulatory Surgery and Procedures Center at (413) 256-4453, Monday through Friday from 7:30 a.m. to 4:00 p.m.