

Valley Medical Group Laboratory

Revised 9/2023

All containers must be labeled with Full Name, Date of Birth, Date & Time of Collection

- Place hat over toilet
- Use the scooper attached to the top of the container provided to place all stool collected into the appropriate container(s) given.

Red Top: containers place enough specimen to fill at least half of the container and return the same day as collection. Store according to the tests indicated on this sheet.

Orange Top: Store at room temperature and return the same day or the following day.

Black Top: Store at room temperature, return the same day or the following day (if 3 ova and parasite stool tests are ordered you need to collect them on 3 separate days)

If you have an **orange** or **black** top container place enough stool until preservative reaches RED or BLACK FILL LINE on the container.

Red Top	Orange top	Black top
Refrigerated: Gram Stain Pancreatic Elastase Frozen: Clostridium Difficile Fecal Fat H. Pylori Norovirus Calprotectin Lactoferrin PH	Room temperature: Stool Culture E. Coli Culture Shiga Toxin	Room temperature: Ova and Parasites x____ Giardia Antigen Fecal Leukocytes WBC Cryptosporidium Cyclospora & Isospora

For 72 hours before you start and during the time you collect stool: Do not use laxatives, including mineral oil and castor oil. Do not eat synthetic fat substitutes, such as Olestra™. Do not take fat-blocking nutritional supplements.

Any questions please contact any Valley Medical Group Lab: Monday –Friday: 7:00am – 4:20pm

Amherst Health Center	413-256-8561
Easthampton Health Center	413-529-9300
Greenfield Health Center	413-774-6301
Northampton Health Center	413-586-8400