

Type 2 Diabetes

Know Your Numbers!

Start screening at

45

or younger with risk factors

1.5 million
Americans are
diagnosed each year!¹

$\frac{1}{5}$ One fifth of patients do not know that have Diabetes²

Scan to calculate your RISK for Diabetes

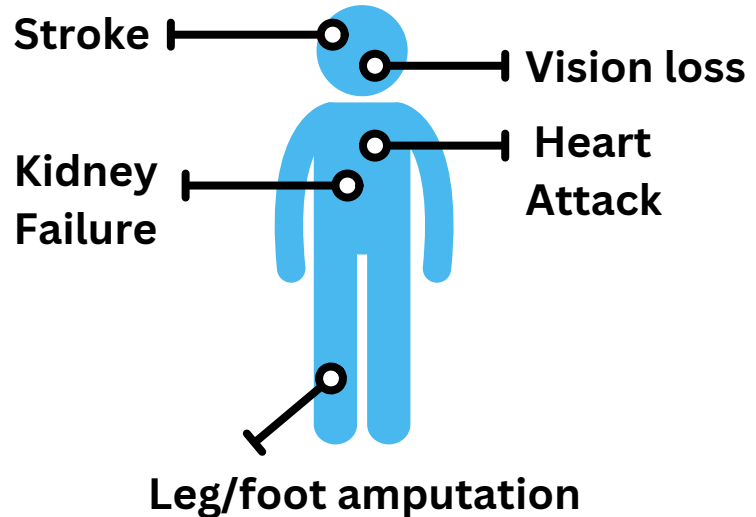


- Family history
- Gestational Diabetes
- Weight
- Age
- Exercise
- Nutrition

Yearly Check List

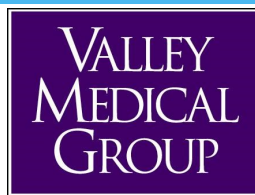
- ✓ Hemoglobin A1c
- ✓ Kidney function
- ✓ Lipid Panel
- ✓ Blood Pressure
- ✓ Annual Foot Exam
- ✓ Annual Eye Exam

Impact of Uncontrolled Diabetes³



References:

1. <https://diabetes.org/about-diabetes/statistics/about-diabetes>
2. <https://www.cdc.gov/diabetes/basics/quick-facts.html>
3. <https://www.cdc.gov/diabetes/managing/problems.html>



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To Help You Live Better, Longer.