

DIABETES SELF-MANAGEMENT EDUCATION VIDEOS

- What is diabetes?
 - <https://www.youtube.com/watch?v=LkHbXHcj5fo>
- How to test your blood sugar at home:
 - <https://www.youtube.com/watch?v=nxIJeHWIhF4>
- Injecting insulin with an insulin pen and pen needle:
 - <https://www.youtube.com/watch?v=fJPzkzyuMZ8>
- Injecting insulin with a vial and syringe:
 - [https://www.youtube.com/watch?v=C0coWZbO- E](https://www.youtube.com/watch?v=C0coWZbO-E)