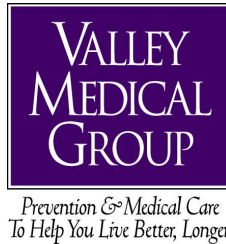


Direct



Amherst Medical Center
31 Hall Drive, Amherst, MA 01002
Main Number: (413) 256-8561
Ambulatory Surgery & Procedures Center
(413) 256-4453
COLONOSCOPY INSTRUCTIONS

You have been scheduled for a Colonoscopy with Dr. _____

Date: _____ **ARRIVAL TIME:** _____

Location: Amherst Medical Center
Ambulatory Surgery and Procedures Center/Endoscopy Unit

Check in at the **Endoscopy Unit**. Come in the main entrance and take a right to the end of the hallway.

- ❖ A nurse will call you prior to your procedure to review your medical history and medications. Please have the information available. **THIS IS AN EXTREMELY IMPORTANT CALL. Please see the attached list of medications that require special instructions to hold prior to your procedure.**
- ❖ You will receive intravenous sedation during the procedure that requires monitoring of your blood pressure, heart rate and oxygen level. The sedation will impair your driving ability. You must arrange to be driven home after the procedure escorted by a responsible adult. Additionally, we cannot allow you to take public transportation, uber, taxi or Medical transportation such as PT-1 transportation home unless you are escorted by a responsible adult. The exam **WILL NOT BE PERFORMED** if you are planning to walk or to drive yourself home.
- ❖ **If you experience a COVID 19 infection or have a positive COVID 19 test in the month before your procedure date, please contact our office to review if the procedure will need to be postponed.**
- ❖ Your stay with us will last approximately 1.5 hours. Your ride will need to stay in close proximity (within 10-15 minutes travel time), and may stay onsite, inside or outside the building. Your ride will be called when you are ready to discharge.
- ❖ Please leave jewelry and contact lenses at home.
- ❖ All piercings must be removed from your body.
- ❖ You will need to limit your activities on the day of the procedure. You will be asked not to drive or operate machinery for 24 hours. You can plan to return to work the following day.
- ❖ If you have questions regarding this information please contact the Ambulatory Surgery and Procedures Center at (413) 256-4453, Monday through Friday from 7:30 a.m. to 4:00 p.m.
Follow the Prep instructions from your Gastroenterologist.