

Colorectal Cancer

Screening. Prevention. Early Detection.



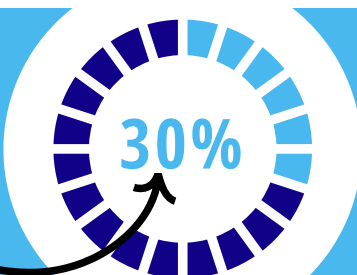
Start
screening at

45



Percent of cases diagnosed
under the age of 50

Percent of patients with
family history
of Colorectal Cancer
(CRC) ²



This means that most
patients do not have a
family history of CRC.
We are all at risk!

Colonoscopy

- Every 10 years (without history of polyps or family history of CRC)
- 75% of CRC will be prevented by removing pre-cancerous polyps during a colonoscopy
- Decreases deaths from CRC by 85%
- Some risk of complications including bleeding, side effects to prep, intestinal injury
- Barriers include time off work, transportation, and inconvenient prep

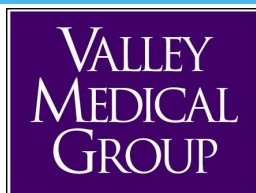
Which screening method
is best for you? ³

Stool Kit

- Screening performed annually
- If screening done annually, 60% of CRC will be prevented and deaths from CRC will be decreased by 79%
- Unfortunately, many patients who choose stool kits do not get screened every year
- False positives possible
- Low risk of complication
- If positive, we would refer for a colonoscopy
- Best for patients at average risk

References:

1. <https://www.cancer.org/cancer/types/colon-rectal-cancer/about/key-statistics.html>
2. <https://www.cancer.org/cancer/types/colon-rectal-cancer/causes-risks-prevention/risk-factors.html>
3. <https://www.cancer.org/cancer/types/colon-rectal-cancer/detection-diagnosis-staging/acs-recommendations.html>



Prevention & Medical Care
To Help You Live Better, Longer.